



Sea and Sails Mini Course Materials List

With such choice on the market it can be very confusing to know what to buy, so I have devised these lists as a guide, finding a decent quality and a good price where I can.

Please note this list is just for guidance, if you have any materials already please use what you have, and this is not an endorsement, nor do we accept any responsibility for any data/damage issues when following links once you have left our site, you are responsible for checking the new site terms and conditions and data protection policy.

Suppliers:

Cass Art (online) www.cassart.co.uk - good quality, known brands, can have good deals.
The Range (online and stores) www.therange.co.uk - has a fair amount of art equipment at good prices, tend to aim for the known brands though, larger stores are better.
Jacksons Art (online) www.jacksonsart.com - good quality for the price, good range.
W.H. Smith - larger stores do a good range of art materials.

Watercolour paper - This comes in a variety of finishes - rough (very textured), cold pressed (slightly textured) hot pressed (smooth finish), Daler Rowney The Langton is a good option, 300gsm Cold Pressed. This comes in a pad, has a textured finish and is heavy enough that it won't warp, so no need to stretch, unless you are using a lot of washes all over the paper. I would go for the A4 or A3 size. See link below, you can also get these in most art stores including The Range, Evesham or Cheltenham.

https://www.cassart.co.uk/painting/watercolour_paints/product_type_watercolour_paper/daler_rowney_langton_watercolour_pad_300gsm_12_sheets_not.htm

Brushes - You will need a small selection of round and flat fitch (square shape), again the quality and price varies greatly, but again I would advise against going too cheap, as cheaper brushes tend to lose their shape and bristles! Which can be frustrating. There are so many different types of brushes I have just gone for basics.

Brush sizes which I think are a good range to start :- Round brushes 0, 2, 4, 6, 8.

Flat fitch (square shape) - 3/8, 5/8.

I like Pro Arte, which are good at a reasonable price, Cass Art do a small pack which is good to begin with, and has all of the sizes above except 5/8, see link below:-

https://www.cassart.co.uk/painting/watercolour_paints/watercolour_brushes/pro_arte_prolene_series_101_106_watercolour_brush_cass_exclusive_set_of_6.htm

Brushes can also be bought singly, such as for a 5/8 or 3/4" larger Flat fitch (Cass Art) -

https://www.cassart.co.uk/painting/watercolour_paints/watercolour_brushes/daler_rowney_graduate_flat_wash_brush.htm

Paint - You will need a basic range of colours, depending on how you like to paint, you may need black and white for tone (which I do!). They come in tubes or in Pans (square blocks). Either are fine.

Basic colours:- Cadmium Red, Alizarin(red), Cadmium Yellow, Yellow Ochre, Burnt Sienna(red/brown), Burnt Umber(Dark brown), Cerulean Blue, Ultramarine, Bright or Sap Green, Viridian(green), Black, White.

I often use Paynes Grey, which can be bought in single tubes or pans, as it often isn't in the basic sets.

https://www.jacksonsart.com/winsor-newton-professional-watercolour-5ml-paynes-grey?gclid=EAlaIQobChMI5Nn7roip8wIVJu_tCh2YyAquEAAYAAEgJouPD_BwE

Below are a couple of links to sets that have a good range of colours and are reasonably priced. As before price does affect quality, the pigment tends to be less strong in the cheaper sets, but fine to practice with. But as watercolour can be left on the pallet to dry, and then just add water to carry on painting, the more expensive might be more economical in the long run.

<https://www.artsupplies.co.uk/item-cotman-12-tube-painting-plus-set.htm>

<https://www.artesaver.co.uk/Catalogue/PAINT-PRINT/Paints/Watercolour-Paints/Small-Tube-Watercolour-Set-12-x-12ml-PTW12>

<https://www.artsupplies.co.uk/item-cotman-pocket-plus.htm>

Small Plastic Palette - for paint and mixing, watercolour is very economical, so can be left on the palettes and kept.

https://www.cassart.co.uk/loxley_plastic_circular_palette.htm?trackterm=plastic+palette

Gouache- You might like to add in white gouache paint. It can be useful when adding detail, and is often used with watercolour.

Gouache is a heavier bodied, high pigment water based paint. It has the addition of chalk to the binder, so it is more opaque than watercolour and can cover to give a flat even finish, or can be watered down for washes. It can also be used neat to add highlights.

It comes in a variety of colours, and can be bought in sets. Link below for single tubes, I would go for permanent white.

<https://www.jacksonsart.com/winsor-newton-designer-gouache>

A decent student grade set, at a good price:

<https://www.artesaver.co.uk/Catalogue/PAINT-PRINT/Paints/Gouache/Starter-Gouache-Paint-Set-12-x-12ml-PTGO12>